



Holy Cross Catholic Primary School

Charles Street, St. Helens, WA10 1LN

Holycross@sthelens.org.uk

www.holycrossprimarysthelens.co.uk

Twitter/X - @holycrossthe1

15/12/2023

Advent Prayers: Week Three

Joy

*Lord God, may we, your people, who
look forward to the birthday of Christ
experience the joy of salvation and
celebrate that feast with love and
thanksgiving. We ask this through
Christ our Lord.*

Amen.

Thank you

A huge *Thank you* to our wonderful families for supporting our Christmas Fayre and joining in with all of the Christmas festivities. Your contributions and participation have helped make this Christmas feel special for our children and staff.



We Care, We Share, We Value.

Learn & Share



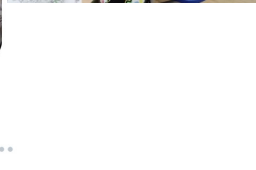
holycross@sthelens
@holycrosssthe1

Year 5 had the most wonderful time at their Learn and Share last week. Thank you so much to all those who came. #MentalHealthMatters #Wellbeing



holycross@sthelens
@holycrosssthe1

Year 3 had a lovely time this morning sharing their learning about mental health and well-being with their parents and carers!



holycross@sthelens
@holycrosssthe1

Year 6 had a great time at their Learn and Share today! Thank you to everybody who came 😊💡





Dojo Champions



Take a look at our Dojo Champions.

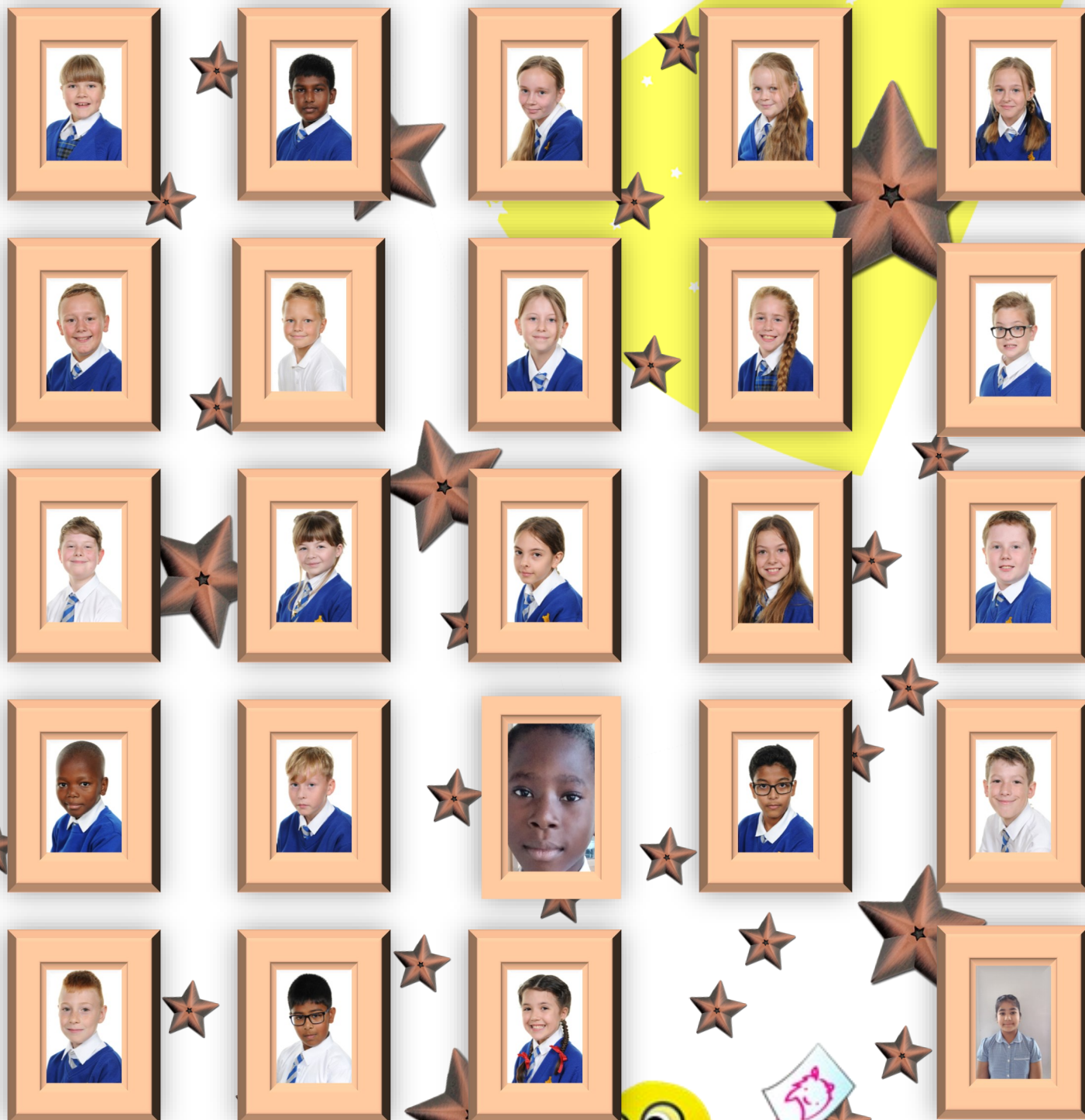
What a line up of super stars!

These children have achieved the highest number of Dojo points given this half term for their year group.

Our Dojo champions received certificates and a prize and will enter the end of year Dojo Master Competition.

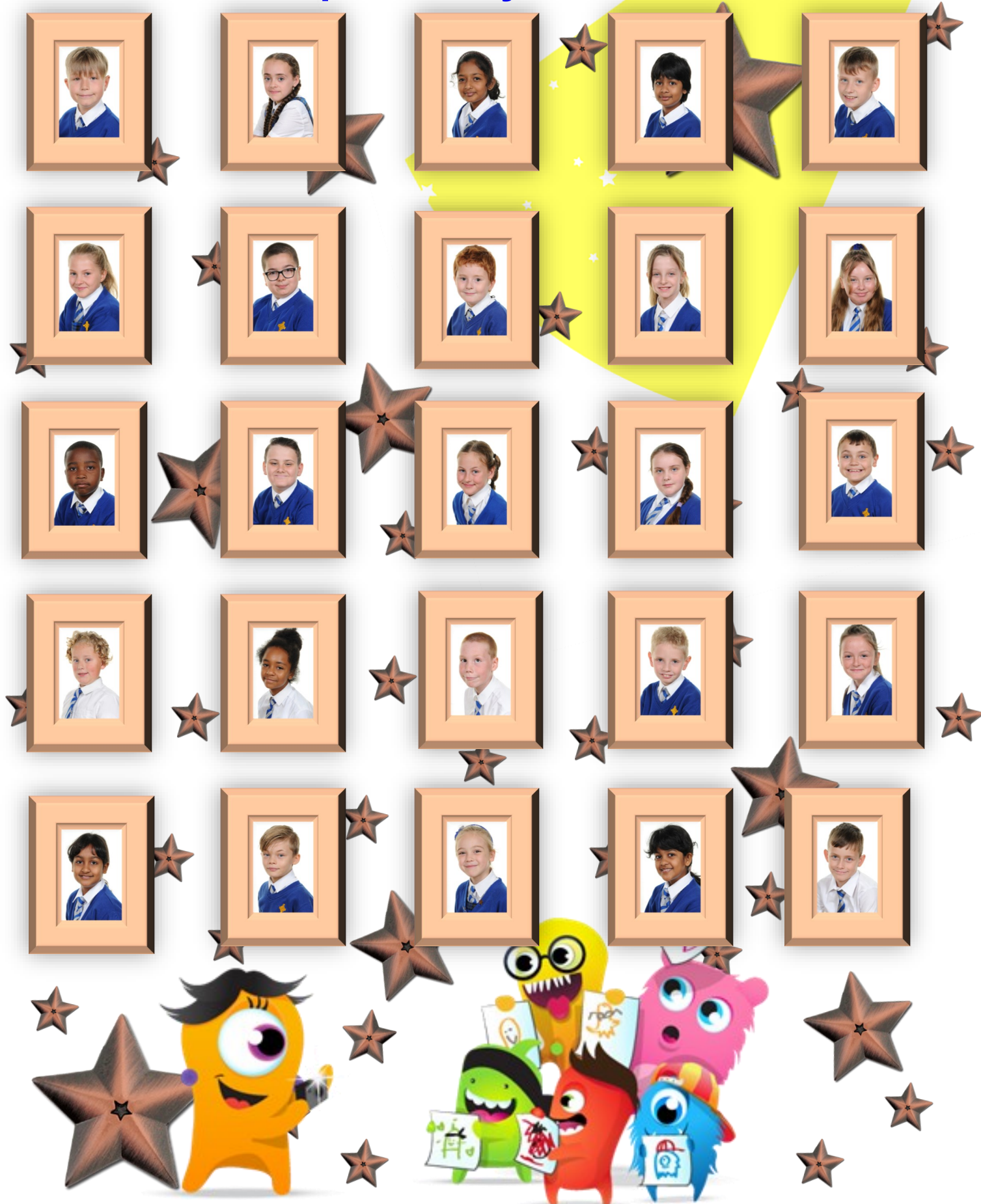
*Congratulations to our Bronze Badge
winners.*

We are so proud of you—well done!



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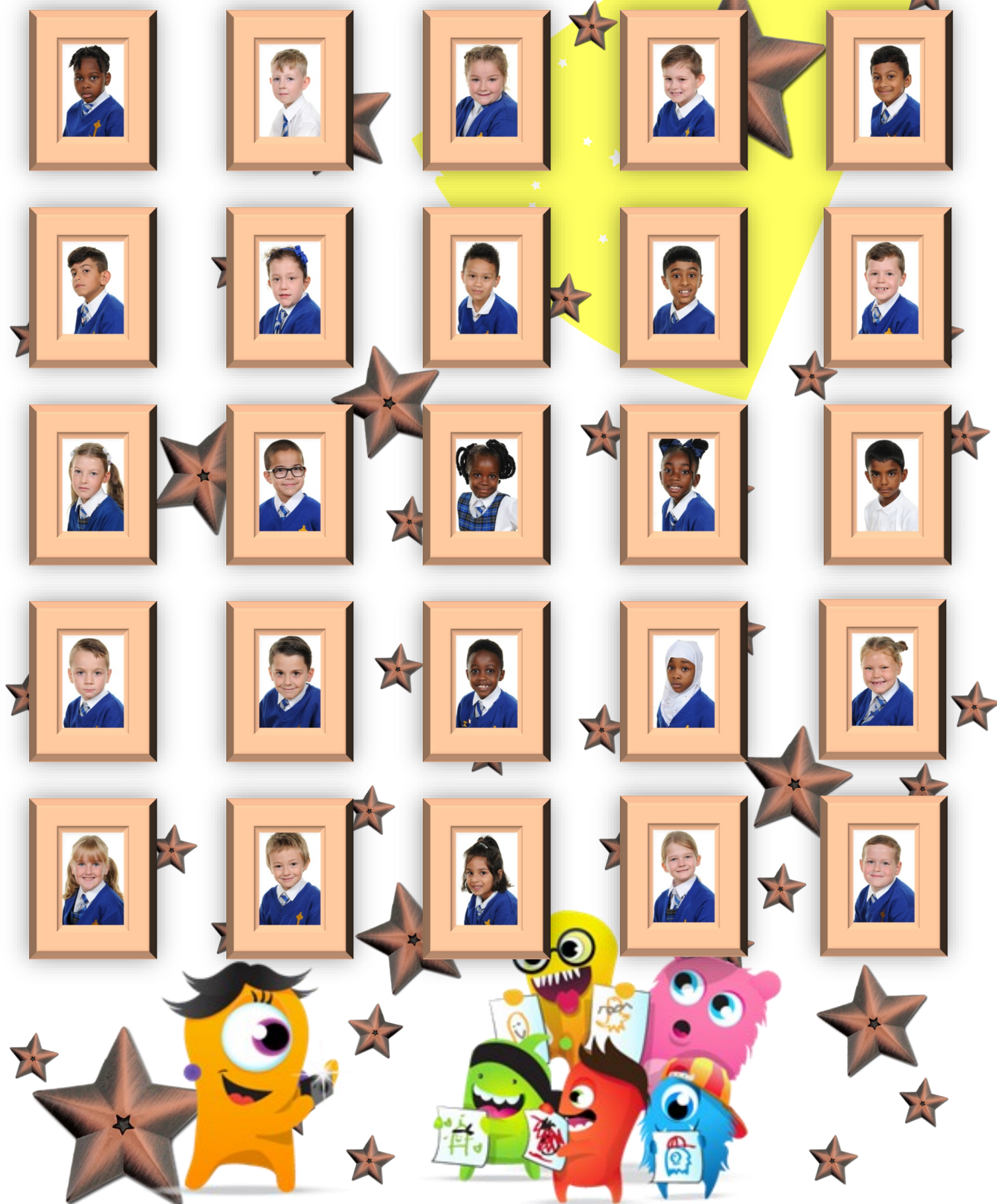
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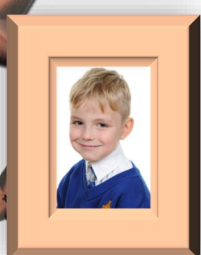
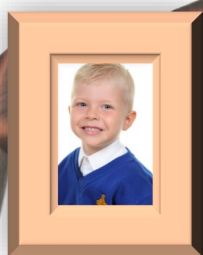
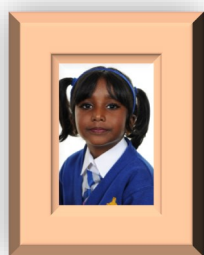
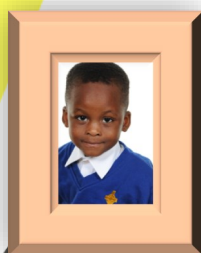
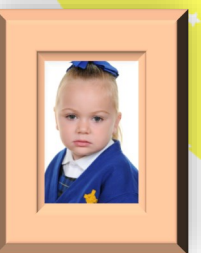
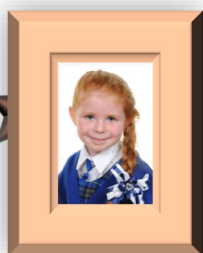
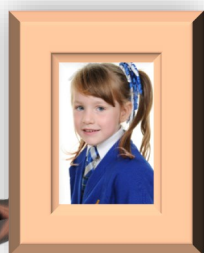
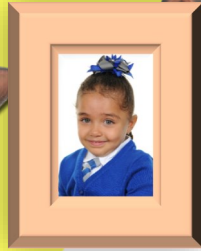
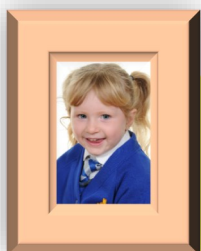
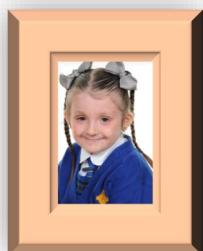
*Congratulations to our Bronze Badge
winners.*

We are so proud of you—well done!



*Congratulations to our Bronze Badge
winners.*

We are so proud of you—well done!



Congratulations to our Silver Badge winners.

We are so proud of you—well done!





Autumn 1



Autumn 2

Spring 1

Spring 2

Summer 1

Summer 2



Each half term, the house team with the most Dojo points are named as the **Wednesday Winners**.

Our **Wednesday Winners** get an additional playtime as a further reward for their hard work and positive choices and behaviour.

Well Done **Charity House** Team!

STARS OF THE WEEK



Attendance

School Matters!



Attend Today, Achieve Tomorrow

Our whole school attendance this week is

96%

The Government set target is 97%.

Well done to

Year 4

for having the best attendance this week with

98%

Attendance this week

Nursery	93%
Reception	95%
Year 1	96%
Year 2	97%
Year 3	93%
Year 4	98%
Year 5	97%
Year 6	96%

Getting Your Child to School Really Matters



Did You Know... ?

In a School Year, If Your Child is Late Every Day By...

Your Child Would Have Lost Approximately...

or They Would Have Missed Approximately...

5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Please Encourage Punctuality to Maintain Attendance

Happy Birthday!

On this special day,
we celebrate how blessed the world
became when God gave us you.



©WishesMsg.com

Lexie Scott
Joshua Bake
Noah Bailey
Jeniffer Lenard Edmon
Priya Wiseman
Ivy Radford
Mrs Mulcahey
Mr Gilchrist
Mr Oakes

We Care, We Share, We Value.

Y4 Brass—Friday

Year 4 must bring their instruments to school each Friday.

Swimming—Wednesday's

Y6 need their swimming kit in school every Wednesday—the coach leaves at 9.00am

School clubs

Monday: Y4-Y6 Football 3.15-4.15pm

Wednesday: Y1-3 Dodgeball 8.00-8.45am

Thursday: Y3-Y6 Board Games 3.30-4.00pm

SCHOOL TERMS AND HOLIDAY DATES 2023/2024

Term	School opens on:	School closes on:
Autumn term 2023	5th September	27th October
	6th November	22nd December
Spring term 2024	8th January	9th February
	19th February	28th March
Summer term 2024	15th April	22nd May
	5th June	23rd July
Inset days	<p>4th September 23rd May & 24th May 3rd June & 4th June</p> <p><u>Bank Holidays</u> 29th March 1st April 6th May</p>	

Year Group	Homework
N	Library book read to them (each night) Talking task – phase one phonics (weekly) Practical maths (weekly)
R	Reading (each night) Reading & spelling tricky words practice (weekly) Number (weekly)
KS1	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)
KS2	Reading (each night) Times Tables (each night) Reading & spelling tricky words practice (weekly) Maths (weekly) English comprehension (weekly)

CYPMHS Crisis Response service as they have had some updates.

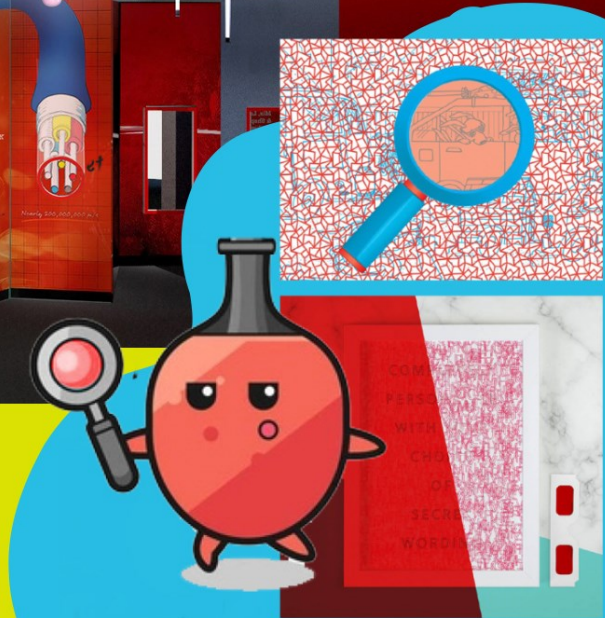
This service is for Children & Young People who are in need of immediate assistance for their **mental health or behaviour.**

<https://www.merseycare.nhs.uk/our-services/warrington/child-and-adolescent-mental-health-service-crisis-response->



Do you have the skills to foster?
01744 671199 sthelens.gov.uk/fostering





Christmas opening:
10am-4pm
Sat 23rd Dec
Wed 27th Dec
Thurs 28th Dec
Friday 29th Dec
Tuesday 2nd Jan

Glass Blowing

Garden

FREE admission
to the Museum,
Art gallery ,Tankhouse
& tunnels.

Plus

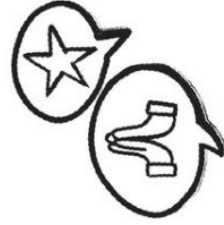
FREE Kids Admission to the
Glass blowing demonstrations
with every paying adult.

**Chalon Way East
St Helens
WA10 1BX
worldofglass.com
01744 22766**

December Kindness 2023



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY



4 Support a charity, cause or campaign you really care about

5 Give a gift to someone who is homeless or feeling lonely

6 Leave a positive message for someone else to find

7 Give kind comments to as many people as possible today

8 Do something helpful for a friend or family member

9 Notice when you're hard on yourself or others and be kind instead

10 Listen wholeheartedly to others without judging them

11 Buy an extra item and donate it to a local food bank

12 Be generous. Feed someone with food, love or kindness today

13 See how many different people you can smile at today

14 Share a happy memory or inspiring thought with a loved one

15 Say hello to your neighbour and brighten up their day

16 Look for something positive to say to everyone you speak to

17 Give thanks. List the kind things others have done for you

18 Ask for help and let someone else discover the joy of giving

19 Contact someone who may be alone or feeling isolated

20 Help others by giving away something that you don't need

21 Appreciate kindness and thank people who do things for you

22 Congratulate someone for an achievement that may go unnoticed

23 Choose to give or receive the gift of forgiveness

24 Bring joy to others. Share something which made you laugh

25 Treat everyone with kindness today, including yourself!

26 Get outside. Pick up litter or do something kind for nature

27 Call a relative who is far away to say hello and have a chat

28 Be kind to the planet. Eat less meat and use less energy

29 Turn off digital devices and really listen to people

30 Let someone know how much you appreciate them and why

31 Plan some new acts of kindness to do in 2024



ACTION FOR HAPPINESS

Happier · Kinder · Together

St Helens Mental Health Support Team (MHST)

Who are we?

St Helens MHST is a free NHS service providing support for young people in Holy Corss who may be struggling with worry, low-mood or finding it difficult to regulate their emotions. Please scan the QR code below for more info.

How can we help?

We provide 1:1, group or parenting intervention for young people at their school. These typically run for 6-8 sessions. If you would like your child to be referred, please speak to their class teacher or the school's pastoral manager.

Please scan below for more information.



NHS

Mersey Care
NHS Foundation Trust

MUSIC SERVICE ENSEMBLES AT ST HELENS TOWN HALL

2023 -24 FREE!



INSPIRING MUSICAL CREATIVITY
FOR EVERY CHILD AND YOUNG PERSON WE MEET HERE



@sthelensmusic



@sthelensmusicervice

TUESDAY...

VOCAL GROUP

4.30PM - 5.50PM

WEDNESDAY

WIDER
OPPORTUNITIES BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE
WIND BAND

4PM - 5PM

WEDNESDAY

INTERMEDIATE
STRINGS

4PM - 5PM

TUESDAY...

ROCK & POP BAND

4.30PM - 5.50PM

WEDNESDAY

MUSIC THEORY CLUB

4PM - 5PM

WEDNESDAY

YOUTH WIND
ORCHESTRA

5.15PM - 6.30PM

WEDNESDAY

SINFONIA

5.15PM - 6.30PM

WEDNESDAY

MUSIC THEORY CLUB

5.15PM - 6.30PM

01744
677946

musicservice@sthelens.gov.uk

SCAN THE QR CODE
BELOW TO JOIN AND
REGISTER TODAY





See Miss Davies for more information on main meals for the family for £4 per week.

Wesley Methodist Church
Vincent Street, St Helens WA10 1LF

For **a small weekly fee** local residents can join up as members and access a whole range of benefits.

Entrance to a weekly shop at the Pantry

Meet new people or volunteer

Free welcome gifts

Pay by cash or standing order

There are no qualifying rules for joining and we also give out tea/coffee and toast while you wait.

A limited number of memberships available

Opening times:

Tuesday



www.yourlocalpantry.co.uk



@Hopesthelens



@Hopesthelens

You can also call us on 01744 264 14

Does your child need care this winter?



**Urgent
Treatment
Centre**



**GP
Surgery**



Pharmacy

**Choose the
right service**



111.nhs.uk



**Call
NHS 111**

If your child is ill it can be a worrying time, but lots of childhood illnesses can be treated quickly and effectively at home or by accessing the right healthcare service. Here is our handy guide to services available in your area. By choosing the right service you can help your little one feel better, quicker.

Online symptom checker

Our friends at Alder Hey have created an online symptom checker with lots of useful advice on common symptoms in children. Visit the website: www.alderhey.nhs.uk/symptom-checker

You can then decide where best to get the right care for your child.

When to go to a doctor

If you are worried about your child's health, then you should speak to your GP first. Out of hours, you can call 111 who will help to decide whether your child needs to be seen right away or if the issue can wait to be treated the next day by your own family doctor.

Common illnesses that can be treated by your GP are;

- Persistent coughs
- Eye infections
- Skin infections
- Ear pain



When to go to A&E

Accident and Emergency is for people with life-threatening illness or injury, so if you think your child needs immediate attention, then you should attend A&E.

Conditions that require immediate attention include;

- Shortness of breath or working hard to breathe resulting in drawing in of the chest when breathing or making a grunting noise
- Seizures
- Severe bleeding or burns
- Head or eye injuries
- Allergic reactions causing swelling of the face, lips, eyes or tongue, fainting or trouble breathing
- Serious animal bites
- Infants under 2 months of age with a fever
- Blue or purple lips, skin or fingernails
- Uncontrolled pain



When to go to a pharmacy

Your local pharmacy can offer advice and has a wide range of over-the-counter medicines that can help treat common illnesses. Make the pharmacy your first stop to help with;

- Coughs and colds
- Upset tummy
- Minor cuts, bumps and bruises
- Minor stings and bites



When to go to urgent treatment / walk-in centres

If your GP surgery is closed, or your child's condition is more urgent, but not life-threatening, then your local Urgent Treatment / Walk-in Centre has specialist nurses and doctors that can help.

Many local centres have x ray equipment too, which means you don't always need to attend A&E. Common conditions that can be treated here include:

- Cuts and scrapes
- Minor burns
- Minor breathing difficulties (asthma / croup / bronchiolitis)
- Suspected fractures
- Uncontrolled fever



If your child is struggling to breathe or loses consciousness, you should call 999



**Urgent Treatment
& Walk-in Centres**

Your local centre is closer than you think.

Open 365 days a year, including bank holidays, to treat all sorts of urgent illnesses and injuries.



St Helens Urgent Treatment Centre

Monday to Saturday 7am-10pm
Sunday & Bank Holidays 9am-10pm

Widnes Urgent Treatment Centre

Monday to Sunday 8am-9pm

Huyton NHS Walk-in Centre

Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

Runcorn Urgent Treatment Centre

Monday to Sunday 8am-9pm

Kirkby NHS Walk-in Centre

Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm

Halewood NHS Walk-in Centre

Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays 10am-8.30pm