

Holy Cross Catholic Primary School

Charles Street, St. Helens, WA10 1LN

Holycross@sthelens.org.uk

www.holycrossprimarysthelens.co.uk

Twitter/X - @holycrossthe1

19/01/2024

St Helens Mental Health Support Team (MHST)

Who are we?

St Helens MHST is a free NHS service providing support for young people in Holy Corss who may be struggling with worry, low-mood or finding it difficult to regulate their emotions. Please scan the QR code below for more info.

How can we help?

We provide 1:1, group or parenting intervention for young people at their school. These typically run for 6-8 sessions. If you would like your child to be referred, please speak to their class teacher or the school's pastoral manager. Please scan below for more information.



We Care, We Share, We Value.

House Teams Weekly Points



 Leader Board this week				
Charity	Норе	Faith	Peace	
791	765	844	709	

3



Attendance	School Matters!		
Our whole school attendance this week is 95%	Nursery	e this week 98%	
The Government set target is 97%.	Reception	90%	
	Year 1	100%	
Well done to	Year 2	95%	
Very 1	Year 3	93%	
Year 1 for having the best attendance this week with	Year 4	94%	
Ŭ	Year 5	94%	
100%	Year 6	95%	

Getting Your Child to School Really Matters



a School Year, If Your hild is Late Every Day By	Your Child Would Have Lost Approximately	or They Would Have Missed Approximately
5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

Happy Birthday!

On this special day, we celebrate how blessed the world became when God gave us you.



Evie-Mae Mora Kevisha Lee Leonie Birch Lilly-Mae O'Brien Maia-Ioaha Rizoiu Jackson Hoskison John Olonade Oliver Fairhurst Yenuja Rankoth Pedige Grace Lloyd Noah Spencer Adriana Orellana Lopez David Ajiboye Addisson O'Neill Phoebe Brown Mrs Gillespie

We Care, We Share, We Value.

Y4 Brass—Friday

Year 4 must bring their instruments to school each Friday.

Swimming-Wednesday's

Y5 need their swimming kit in school every Wednesday-the coach leaves at 9.00am

School clubs

Monday: Y4-Y6 Football 3.15-4.15pm

Wednesday: Y1-3 Dodgeball 8.00-8.45am

Thursday: Y3-Y6 Board Games 3.30-4.00pm

SCHOOL TERMS AND HOLIDAY DATES 2023/2024			
Term	School opens on:	School closes on:	
Autumn term	5th September	27st October	
2023	6th November	22nd December	
Spring term	8th January	9th February	
2024	19th February	28th March	
Summer term	15th April	22nd May	
2024	5th June	23rd July	
Inset days	4 th September 23rd May & 24th May 3rd June & 4th June <u>Bank Holidays</u> 29th March 1st April 6th May		

Year Group	Homework		
	Library book read to them (each night)		
Ν	Talking task – phase one phonics (weekly)		
	Practical maths (weekly)		
	Reading (each night)		
R	Reading & spelling tricky words practice (weekly)		
	Number (weekly)		
	Reading (each night)		
	Times Tables (each night)		
KS1	Reading & spelling tricky words practice (weekly)		
	Maths (weekly)		
	English comprehension (weekly)		
KS2	Reading (each night)		
	Times Tables (each night)		
	Reading & spelling tricky words practice (weekly)		
	Maths (weekly)		
	English comprehension (weekly)		

CYPMHS Crisis Response service as they have had some updates. This service is for Children & Young People who are in need of immediate assistance for their <u>mental health or</u> <u>behaviour.</u>

https://www.merseycare.nhs.uk/ourservices/warrington/child-and-adolescentmental-health-service-crisis-response-



Do you have the skills to foster? 01744 671199 sthelens.gov.uk/fostering





E: info@addvancedsolutions.co.uk T: 01744 582172 www.addvancedsolutions.co.uk For more information:

Booking Details Venue Friday 26th January 2024 Date and Time Session

child or young person has received a diagnosis of autism (ASD). This unique

We are pleased to share details of our Autism Post Diagnostic Learning

Programme; a course for parents and carers living in St Helens, whose

learning programme has been designed to support and empower parents

and carers, following their child or young person's diagnosis, in their

understanding of how autism is experienced by children and young people.

It will provide learning, guidance, and strategies to support their child or

young person.

This learning programme is commissioned by NHS Cheshire and

Merseyside ICB - St Helens Place.

Learning Programme Session Dates

<u>Autism Post Diagnostic</u>

IF YOUR CHILD IS 9-13 YEARS OF AGE

ADDvanced Solutions

ADDvanced Solutions Community Network

Autism Post Diagnostic Learning Programme

St Helens families

Community Network Supporting you to find the answers

info@addvanced to book onto the solutions.co.uk 582172 or email office on 01744 Parent/carers programme. can call our learning St Helens, **WA10** Friday 2nd February 2024 Friday 9th February 2024 9:30am - 2:45pm 9:30am - 2:45pm 9:30am - 2:45pm Session Number Session 1 and 2 Session 3 and 4 5 and 6



E: info@addvancedsolutions.co.uk www.addvanredcolutions.co.uk T: 01744 582172

For more information:

Communication skills	Promoting self-esteem	Talking about health	Building positive relationships	Educational settings: working together	Managing transitions	Independence skills	
Understanding autism	Discussing a diagnosis of autism	Autism and girls	Sensory Processing Difficulties	Unique thought processes and special interests	Stress and anxiety	Understanding and supporting behaviour	

Topics covered during the weekly sessions

info@addvancedsolutions.co.uk. You can also visit our website,

To find out more, call us on 01744 582172 or email us

This new offer begins in January 2024.

www.addvancedsolutions.co.uk, for further information.





See Miss Davies for more information on main meals for the family for £4 per week.

Wesley Methodist Church Vincent Street, St Helens WA10 1LF

For **a small weekly fee** local residents can join up as members and access a whole range of benefits.

